



ALBI24Hours – Rules & Regulations

Saturday 26th & Sunday 27th October 2024

Races open to ALL runners - French and foreign - licenced and non-licenced

**24 hours & 100 Km are FFA-approved events and support the
OCCITANIE Championships**

6 hours – the three competitions are race only events

Organisation **ALBI24H** – FFA Member N° 081060
Circuit within the grounds of the ALBI Stadium: 283 Rue du Colonel Teyssier - 81000 – ALBI
Website: www.albi24h.com

Clause 1: ACCESS

Plane: Toulouse Blagnac Airport
Train: Toulouse MATABIAU then TER train to Albi.
Road: From Toulouse by the A68 motorway or from Rodez by the N88 main road exit 17

Clause 2: CIRCUIT

IAAF measured lap of approximately **1500 metres on the same circuit as the 2019 World Championships**.
Totally flat and completely lit.
Surface: 1100 metres bitumen and approximately 400 metres on tartan track.
Followers on foot or on bicycles are strictly forbidden on the circuit under pain of disqualification of their runner.

Clause 3: PROCEEDINGS OF THE EVENTS - Start: Saturday 26th October – Finish: Sunday 27th October

Start: Saturday 26th 24 hours & 100 km at 10 a.m. – 6 hours at 2 p.m.

**Finish: Saturday 26th October: 8 p.m. for the 6 hours
Sunday 27th October: 10 a.m. for the 24 hours**

Measuring after the last lap for the 6 hours and the 24 hours:

The organisation will issue to each runner a witness stick marked with their bib number – the last minute of the race is indicated by a first audible signal. The second audible signal announces the end of the event, the runners must stop and place their witness stick on the ground.

Volunteers placed around the circuit will watch over the witness sticks until the official judges have measured the exact distance covered from the last passage of the line.

Federal Regulations:

An athlete not on the circuit (for medical reasons only) at the time of the final sound signal, the last recording before his/her stop will be taken into account.

Official judges (regional or federal off-stadium, starter or measurer) will ensure the correct running of the event and respect of the rules and regulations.

The disqualification of a runner may be pronounced:

- only by the off-stadium race officials in the event of non-compliance with the rules and regulations, unsporting behaviour or behaviour that is dangerous for other runners;
- only by the medical service, observing poor physical condition.
- The decisions of the organising committee or the race director, in agreement with the off-stadium refereeing judges, is irrevocable.

Clause 4: SPECIAL MEASURES FOR THE PROCEEDING OF THE 100 KM EVENT

Start: Saturday 26th October - 10 a.m., the same start time as the 24 hours race

Allowed time limit: 15 hours

The event will be run at the same time and under the same configuration as the 24 hours event on a circuit totally flat and lit for approximately 1.5 km within the grounds of the stadium.

- ✓ Start on the track Saturday 26th October at 10 a.m.
- ✓ End of the competition after crossing the specific 100 km mat with a maximum allowed time of 15 hours.
Your 100 km time will be registered and made official.
- ✓ Your time of passage, your ranking, your time per lap and other information will appear permanently on a large screen.
- ✓ The stands, under tents, with tables, chairs and Wi-Fi will be available allowing your helpers to give you refreshments and assistance.
- ✓ The athletes may take refreshments, during each lap, within their allocated personnel refreshment zone or at the 'common refreshment zone' as with the 24 hours event.
- ✓ No helpers will be allowed on the circuit.

Clause 5: REGISTRATION CONDITIONS

6 hours, 100 km and 24 hours races, for individual athletes, men and women, FFA licenced or not, in the categories Junior, Seniors and Master (year 2002 and before) in possession of:

- ✚ A licence, Athlé Compétition, Athlé Entreprise, Athlé Running licence issued by the FFA, valid on the date of the event.
- ✚ A licence issued by an approved federation (FCD, FFSA, FFH, FSPN, ASPTT, FSCF, FSGT, UFOLEP), valid on the date of the event.
- ✚ A medical certificate authorising the practice of athletics or competition running, dated less than one year before the date of the competition, or a copy. **Please note that the certificate is only valid until 31st August 2024.**
- ✚ **Or the PPS (Parcours de Prévention Santé - health prevention pathway) pps.athlé.fr. Mandatory since 1st September 2024.**

Age categories: Junior (2003-2005), Senior (1991-2002), Master (1990 or earlier).

Overseas participants are required to provide a medical certificate authorising athletics or competitive running races, even if they hold a competition licence issued by a federation affiliated to World Athletics IAAF. This certificate must be written in French, dated, signed and authenticating a doctor, whether or not the doctor is established on the national territory. If it is not written in French, a translation into French must be provided.

For safety reasons we cannot accept athletes in the 'wheelchair disabled' category.

ON-LINE REGISTRATION directly via our WEBSITE www.ALBi24h.com or Klikego.com

or by post using the official registration form SIGNED and accompanied by the requested documents and payment.

Registration date limit: 13th October 2024 – MIDNIGHT - No onsite registration

Clause 6: REGISTRATION FEES

- **24 hours: Licenced - 65 € Non-licenced 70 €**
- **100 km: Licenced – 55 € Non-licenced 60 €**
- **6 hours: Licenced & non-licenced 45 €**
- **The Pasta party, breakfasts and other meals are to be reserved on the registration form**

Payment via cheque or bank transfer to the order of 'ALBi24H'

Registration and documents are to be sent to: 'ALBi24H', C/O Didier THIRIOT, 44 rue E. Delacroix - 81160 - St-Juéry - FRANCE

E-mail: didier.thiriot2@orange.fr. Tel.: 07 87 78 77 23 ou info@albi24h.fr

ONLY complete files will be VALIDATED: signed registration form, payment made, copy of licence or valid medical certificate dated less than one year at the time of the race. Postmark as proof.

Please note: In the case of non-participation to the event, your registration will only be reimbursed upon presentation of a document justifying a case of force majeure, which must be sent no later than the 16th October (postmark as proof).

Cheques will be cashed 7 days before the event, i.e., 19th October

Clause 7: TIMING

- ⚡ Ensured by BREIZH CHRONO with a microchip system to be fixed to the shoe.
- ⚡ Edition of the results every hour on site.
- ⚡ The following information is displayed live on a luminous panel: Bib number, distance, number of laps, ranking.
- ⚡ Wearing the bib is compulsory, it must be worn in its entirety and must be visible to the judges and the timers.

Any chip not recovered at the end of the race will be charged 20 €

Clause 8: REFRESHMENTS – FOR RUNNERS ONLY

The organisation will provide food and drink adapted to the event for the duration of the race. Accompanying persons will be able to supply refreshments to their runners only in the area delimited by the organiser for this purpose. **In the interest of fairness, the refreshment supply or changing of the runner's equipment is STRICTLY LIMITED to the 'personal refreshment zone' defined by the officials. Access to a motorhome or vehicle is strictly forbidden to the athletes for the duration of the event.**

Only athletes wearing their bibs and accompanying persons (with their BADGE) will have access to the resting area, care zone and catering areas.

Clause 9: MEDICAL ASSISTANCE

An onsite medical team: composed of doctor(s), first-aid workers, physiotherapists, chiropodists...

Disqualification: this can be pronounced by the medical team if the competitor's state of health is considered incompatible with the continuation of the event.

Clause 10: RESTING AREA

An indoor resting area will be available for the runners on Saturday in proximity to the race circuit. Runners are reminded to provide their own sleeping-bag, blanket, mattress, light shield, ear plugs. The organisers decline all responsibility in the case of theft or break-ins.

Clause 11: WELCOME – BIB COLLECTION - MEALS

- Welcome, collection of race number (bibs):

Friday 25th October from 4 p.m. to 8 p.m. and Saturday 26th October from 7 a.m. to 9.30 a.m.

- Motorhomes can be parked in the **P3** car park on Friday from 4 p.m. - no electricity supply – Above 40 vehicles then directions will be given for the MILLASOLLE car park, a 6-minute walk from the stadium.

(reservation to be mentioned on the Registration Form – LIMITED to 40 vehicles)

- Showers, WC in close proximity within the grounds of the stadium.

Pasta party, breakfasts and lunches to be reserved at the time of registration

Breakfast Saturday and Sunday: 6 €

Pasta party Friday evening, Saturday lunch and evening meal: 12 €

Sunday lunchtime closing meal: 15 €

Clause 12: ACCOMMODATION

Contact Didier THIRIOT: tel.: 07 87 78 77 23 - E-mail: didier.thiriot2@orange.fr

Clause 13: AWARDS

- **6 hours:** Awards ceremony Saturday 26th October at 9 p.m. for the first 3 men and first 3 women.
- **100 km:** Awards ceremony Samedi 26th October at **IMMEDIATE arrival of the first three men - first three women. ACCORDING to arrivals within the 15-hour time limit** - first three men and women all running categories included.
- **24 hours:** Awards ceremony Sunday 27th October at approximately 11 a.m. in the Pavilion of Honour. First 3 men and first 3 women and the 1st man and 1st woman in each running category.

Clause 14: INSURANCE

The organisers are covered for civil liability by an insurance policy in accordance with the FFA Off-stadium Racing Charter.

Licensees benefit from the guarantees granted by their licence. Non-licensees are responsible for taking out their own insurance.

By entering the race, each athlete declares to be personally insured and releases the organisers from liability for any physiological accident occurring during or resulting from the events. The organisers decline all responsibility in the event of failure due to poor health or in the event of theft.

Clause 15: RIGHT OF IMAGE

The organisation reserves the right to use the photographic images and video reports made during the events in order to promote 'ALBI24H'. By registering you give up your 'rights to the image'.

Clause 16: CNIL

In accordance with the French Data Protection Act of 6th January 1978, you have the right to access and rectify any personal data that concerns you.

Clause 17: COMPLAINTS

During the course of the event, the athlete may lodge a complaint with the referees. Only the referees or the jury of appeal are empowered to take the necessary decisions.

Athletes may also lodge a complaint with the referees at the end of the event, and this during the 30 minutes after the official results have been published.

Clause 18: SECURITY, ASSISTANCE, RESPONSIBILITY

In the event of force majeure, prefectural decision, natural disaster or any other circumstance endangering the safety of the competitors, the organisers reserve the right to cancel the event without the competitors being able to claim any reimbursement.

The Organisers decline all responsibility in the event of theft or break-ins.

Clause 19: ACCEPTANCE OF THE RULES AND REGULATIONS

Each registered competitor taking part in the events declares that he/she has read these rules and regulations and accepts all clauses.

The ALBI24H team wishes you a good race.